



The Three Period Lesson

A Powerful Teaching Tool

Isolate the Difficulty

- ▶ Too much information
- ▶ Break it down into manageable parts
- ▶ Repetition is the key to learning
- ▶ Used to introduce vocabulary



The Lesson



- ▶ Can be used in any area of the classroom
- ▶ Practical Life lessons
- ▶ Can be used at any level



How Does It Work?

- ▶ Start with 3 objects
- ▶ Introduce the objects visually, auditorily, and kinesthetically - always starting on the left and moving to the right
- ▶ 1st Period - "This is..."
- ▶ 2nd Period - "Show me the..."
- ▶ 3rd Period - "What is this?"



Example with Sandpaper Letters



Things to Remember:

- ▶ Use three objects
- ▶ Progress left to right
- ▶ Repeat the first and second periods
- ▶ Use 3rd period for mastery
- ▶ Once those objects are mastered – what's next?

Thanks for Joining Me Today.

- ▶ Next session - Dr. Carrie Contey, PhD in prenatal and perinatal psychology – “
- ▶ In two weeks – Christine Lowry, Founder of Montessori NOW – “Moveable Alphabet”